

NIPSSA INTERSCHOOL ATHLETICS CARNIVAL 2016

“Friendship and fun through participation”

Venue- Joondalup Arena Athletics Oval

Date- Thursday 20th October (400m, jumps and throws)

Friday 22nd October (Track events and team games)

Times- 9:30am welcome for both days

Events to begin at 9:45am for both days. Please be prompt.

12:45pm finish on Thursday and 2:00pm finish on Friday

SCHOOLS	CONTACT PERSON	SCHOOL CODE
St Anthony's CPS	Ann Shakespeare	SA
Mercy College	Leigh Willison	MC
St Simon Peter CPS	Lee Thompson	SSP
Brighton CPS	Amanda Croxall	BCPS
Our Lady of Mercy CPS	Bethany Griffiths	OLOM
St Luke's	Rob Nosedo	SL
John Paul	Andrew Dalton	JP
Liwara	Neil Morrison	LIW

Contacts- Ann Shakespeare (Host School) 0413 834647

Reminders-

- All students are to be dressed in full school sports uniform. It is strongly recommended that students do not compete in tracksuits. No running spikes are permitted and students must wear shoes at all times.
- Please ensure that students bring lunch, water, snacks and any relevant medication with them to the carnival.

- Schools are responsible for distributing event information to parents. No programs will be distributed at the carnival.
- Each school is responsible for providing basic first aid for their students however on-site first aid will also be available.
- This is a non-scoring carnival therefore no medallions or trophies will be awarded.
- An invoice will be sent to each school at the conclusion of the carnival.

THURSDAY- CARNIVAL INFO

*provide a map to show where stations will be set up (distinguish between girls and boys)

JOB ALLOCATIONS	
400m events	Starter- SA Judging- SA Ribbons- SA
Long Jump stations	Boys station- LIW Girls station- LIW
Shotput stations	Boys Station- MC Girls Station- BCPS
Vortex Stations	Boys Station- OLOM Girls Station- JP
Turbo Jav Stations	Boys Station- SSP Girls Station- SL

- Two competitors from each school may be entered in each event. Each competitor will be given three attempts at their event.
- Please send your competitor names for jumps and throws events ONLY to Ann Shakespeare at least three days prior to carnival day so that names can be inserted on scoresheets.
- Each school has been allocated a job and will need to supply two adults to run their station. One person is needed to coordinate the station (measuring, organising competitors etc.) and another person to record the results on the scoresheet and distribute ribbons.

- All of the equipment required at your station will be supplied and set-up including vortex/turbo javs/shotputs/long jump matts and measuring tapes and marker flags.
- Scoresheets will also be provided. Competitor names will be listed on the scoresheets. Ribbons and stationary will be included inside the scoresheet clipboard. Please only distribute ribbons after all registered students have completed their event (two students from each school).
- Please refer to the attached event rules for specific information about the rules for each event. Please teach to these event rules and enforce them on carnival day so we can ensure consistency across all schools. A copy of the event rules will also be included in the scoresheet clipboards in case there are any queries during the day.
- It is suggested that year groups move around the stations together and those students who are not competing can watch their peers compete. There is no scheduled break for morning tea so please remind students to have something to eat and drink when they are not competing.

THURSDAY- ORDER OF EVENTS

All schools to meet in front of the change rooms at 9:30am for a quick welcome.

TIME	400m EVENTS	DIVISION
9:45am	Year 3 Girls	B then A
	Year 3 Boys	B then A
9:55am	Year 4 Girls	B then A
	Year 4 Boys	B then A
10:05am	Year 5 Girls	B then A
	Year 5 Boys	B then A
10:15am	Year 6 Girls	B then A
	Year 6 Boys	B then A

Each event will have two stations set up so that girls and boys events can be run simultaneously. For example- There will be two long jump pits and two throw pits each for Vortex, Turbo Jav and Shotput running in each timeslot.

*All year groups will be using 1.5kg shotputs.

TIME	LONG JUMP STATION	VORTEX STATION	TURBO JAV STATION	SHOTPUT STATION
10:30am	Year 6	Year 3	Year 4	Year 5
11:00am	Year 5	Year 6	Year 3	Year 4
11:30am	Year 4	Year 5	Year 6	Year 3
12:00pm	Year 3	Year 4	Year 5	Year 6

The last rotation is due to finish at 12:30pm. It is suggested that buses are ordered for 12:45pm enabling schools enough time to pack up and allowing some extra time in case we are running a little late.

THURSDAY- COMPETITOR LISTS

TIME	400m EVENT	DIV B	DIV A
9:45am	Year 3 Girls	Emmersyn Riches	Isabella Jones
	Year 3 Boys	Izac O'Hayon	Mitchell Newton
9:55am	Year 4 Girls	Isabella Hill	Isabella Lockyer
	Year 4 Boys	Tristan Dudek	Liam Coyne
10:05am	Year 5 Girls	Isabel Redfern	Christelle Auffray
	Year 5 Boys	Donnacha Flaherty	Noah Beveridge
10:15am	Year 6 Girls	Laney VanderKroon	Rachael
	Year 6 Boys	Aiden Burgess	Eoin McDonnell

GIRLS EVENTS

TIME	LONG JUMP	VORTEX	TURBO JAV	SHOTPUT
10:30am	<u>Year 6</u> Rachael Dana McKnight	<u>Year 3</u> Caitlin Northmore Emmersyn Riches	<u>Year 4</u> Abbey Burgess Kaitlyn Collins	<u>Year 5</u> Alicia Daly Felicity Reay
11:00am	<u>Year 5</u> Christelle Auffray Leah Niski	<u>Year 6</u> Dana McKnight Cassidy Dimond	<u>Year 3</u> Isabella Jones Emma Loveland	<u>Year 4</u> Tayla Norris Isabella Hill
11:30am	<u>Year 4</u> Isabella Hill Isabella Lockyer	<u>Year 5</u> Caitlin Duncalf Alicia Daly	<u>Year 6</u> Bella Taaffe Lotti Forsythe	<u>Year 3</u> Bridgette Isabelle Mahon
12:00pm	<u>Year 3</u> Emmersyn Riches Madison Norris	<u>Year 4</u> Isabella Hill Rose Delima	<u>Year 5</u> Christelle Auffray Caitlin Duncalf	<u>Year 6</u> Isabelle Taaffe Dana McKnight

BOYS EVENTS

TIME	LONG JUMP	VORTEX	TURBO JAV	SHOTPUT
10:30am	<u>Year 6</u> Eoin McDonnell Sherridan Collins	<u>Year 3</u> Patrick Ross Samuel Richardson	<u>Year 4</u> Jake Feist Kailen Grodzicki	<u>Year 5</u> Dougal McMillan Jack Hill
11:00am	<u>Year 5</u> Jack Hill Noah Beveridge	<u>Year 6</u> Taj Singh Callum Hopkins	<u>Year 3</u> Salvatore Rabbone Eamon Craig	<u>Year 4</u> Liam Coyne Kailen Grodzicki
11:30am	<u>Year 4</u> Liam Coyne Travis Davis	<u>Year 5</u> Isaac Sandilands Jack Hill	<u>Year 6</u> Eddie Wilcock Jayden Paterson	<u>Year 3</u> Izac O'Hayon James O'Sullivan
12:00pm	<u>Year 3</u> Samuel Hocking Izac O'Hayon	<u>Year 4</u> Liam Coyne Kade Orzanski	<u>Year 5</u> Rory Jensen Callum Inglis	<u>Year 6</u> Jude Delima Chris Vance

FRIDAY- CARNIVAL INFO

Marquees may be set up from 7:30am. The venue officer starts at 8.00am but grounds staff will open the bollards for you to drop off your equipment. Please remember that all vehicles must be parked in the carpark once unloaded and no-one is not allowed to drive across the oval.

Just a friendly reminder that you can't use star pickets or big pegs to hold marquees as there is a good chance of hitting the reticulation.

Each schools responsibility to set-up and pack-up their marquee.

JOB ALLOCATIONS	
<u>MAIN TRACK- 100m/200m Events</u>	Announcer- SA Starter- SL Judges & ribbons- SSP Starter Marshall- SL
*PLEASE NOTE- Each school is responsible for marshalling their own students for track events. Please have students seated in their allocated lane in order of events.	
<u>MAIN TRACK- Team Games</u> Mixed Bounceball relay Mixed Running Tunnelball Mixed Flagball Relay	Setting-up/Coordinating- SA Starter- OLM Judging & ribbons- OLM
<u>FAR TRACK- Team Games</u> Mixed Shuttle Relay Mixed Skipping Relay Mixed Leaderball	Setting-up SA Coordinating- MC Starter- MC Judging & ribbons- BC
*PLEASE NOTE- Each school is responsible for marshalling their students for team events. Please have students seated ready to begin events in event order.	

<p><u>MAIN TRACK- Relays</u> Girls 4 x 100 relays (shuttle) Boys 4 x 100 relays (shuttle) Mixed Grand Relay (shuttle)</p>	<p>Starter- LIW Starter Marshall- JP Judging & ribbons- JP</p>
<p>*PLEASE NOTE- Each school is responsible for marshalling their students for relays. Please have students seated ready to begin events in event order.</p>	

- School may enter four competitors for 100m events and **four** competitors for 200m events. Team events require ten competitors and must be mixed. The grand relay consists of eight runners and should include the fastest boy and girl from each year group.

FRIDAY- CARNIVAL INFO CONT'D

- Each school has been allocated jobs throughout the day. Please ensure that you are familiar with your responsibilities and have an adequate number of helpers to assist. Schools that have been allocated judging duties will need to supply four adults. Please ensure that they are aware of judging protocol.
- PLEASE NOTE- It is each schools responsibility to marshall their own students in preparation for track and team events. The Starter Marshall is simply there to assist the starter in organising races for the start of their event (moving them forward to start line and ensuring the correct races are being run in the correct order).
- This year we are continuing with the format we used last year where team games will be run concurrently on the main and far track. This means that students can move with their year groups and watch whilst they are not competing. This also means that we can speed up the running of the day allowing for more events and there will be no clashes with individual events. Track events and relays will still be run individually so that students can spectate from the marquees. The relays will conclude the day allowing all schools to re-group for the final events of the day.
- There is no scheduled break for morning tea. Please remind students to have a drink and something to eat when they are not competing. The scheduled lunch break may be used to continue events if we are running late.
- Please refer to the attached document to see rules for all of the team games. Please teach to these event rules and enforce them on carnival day so that we can ensure consistency across all schools.
- The starting signals for all races will be:

1. Take your marks (step up to the start line)
2. Get set (step one foot back off the line and position arms ready to race)
3. Whistle (students begin race)

Continuous whistles signal a false start.

LANE ALLOCATION	
Track, team and relay events	
Lane 1	SL
Lane 2	SSP
Lane 3	JP
Lane 4	LIW
Lane 5	OLOM
Lane 6	MC
Lane 7	SA
Lane 8	JP

FRIDAY- ORDER OF EVENTS

All schools to meet in front of the change rooms at 9:30am for a quick welcome.

TIME	MAIN TRACK	DIVISION
9:45am	100m- Year 3 Girls	Div D- Div A
	100m- Year 3 Boys	Div D- Div A
	100m- Year 4 Girls	Div D- Div A
	100m- Year 4 Boys	Div D- Div A
	100m- Year 5 Girls	Div D- Div A
	100m- Year 5 Boys	Div D- Div A
	100m- Year 6 Girls	Div D- Div A

	100m- Year 6 Boys	Div D- Div A
10:10am	200m- Year 3 Girls	Div D- Div A
	200m- Year 3 Boys	Div D- Div A
	200m- Year 4 Girls	Div D- Div A
	200m- Year 4 Boys	Div D- Div A
	200m- Year 5 Girls	Div D- Div A
	200m- Year 5 Boys	Div D- Div A
	200m- Year 6 Girls	Div D- Div A
	200m- Year 6 Boys	Div D- Div A
TIME	MAIN TRACK	FAR TRACK
10:45am	<u>YEAR 3 & 4</u> Mixed Bounceball relay Mixed Running Tunnelball Mixed Flagball Relay	<u>Year 5 & 6</u> Mixed Shuttle relay Mixed Skipping relay Mixed Leaderball
11:45am	LUNCH BREAK * this may be used as spill over time if we are running late	
TIME	MAIN TRACK	FAR TRACK
12:10pm	<u>YEAR 5 & 6</u> Mixed Bounceball relay Mixed Running Tunnelball Mixed Flagball Relay	<u>Year 3 & 4</u> Mixed Shuttle relay Mixed Skipping relay Mixed Leaderball
TIME	MAIN TRACK	ORDER OF EVENTS
1:25pm	4 x 100 relay- Year 3	Girls then boys
	4 x 100 relay- Year 4	Girls then boys
	4 x 100 relay- Year 5	Girls then boys
	4 x 100 relay- Year 6	Girls then boys
1:45pm	GRAND RELAY	
1:55pm	Pack up ready for a 2pm finish	

FRIDAY- COMPETITOR LISTS

TIME	100m EVENTS	DIVISION	COMPETITORS
9:45am	100m- Year 3 Girls	Div D- Div C- Div B- Div A-	Aileen Saju Emma Loveland Isabella Jones Caitlin Northmore
	100m- Year 3 Boys	Div D- Div C- Div B- Div A-	Jack Veivers James O'Sullivan Mitchell Newton Izac O'Hayon
	100m- Year 4 Girls	Div D- Div C- Div B- Div A-	Isabella Lockyer, Kiara Calnon Ella Dow Tayla Norris
	100m- Year 4 Boys	Div D- Div C- Div B- Div A-	Liam Coyne Miguel Costa, Alex Vukman Travis Davis
	100m- Year 5 Girls	Div D- Div C- Div B Div A-	Christelle Auffrey Alicia Daly Matisse Johnson Leah Niski
	100m- Year 5 Boys	Div D- Div C- Div B- Div A-	Connor French-Bluhm Noah Beveridge Dante Nyevercez Logan Harris

	100m- Year 6 Girls	Div D- Div C- Div B- Div A-	Alyssa Calnon Emma McLaughlin Rachael Dana McKnight
	100m- Year 6 Boys	Div D- Div C- Div B- Div A-	Chris Vance Eoin McDonnell Riley Franchina Logan Lynn
TIME	200m EVENTS	DIVISION	COMPETITORS
10:10am	200m- Year 3 Girls	Div D- Div C- Div B- Div A-	Aileen Saju Emma Loveland Isabella Jones Caitlin Northmore
	200m- Year 3 Boys	Div D- Div C- Div B- Div A-	Jack Veivers James O'Sullivan Mitchell Newton Izac O'Hayon
	200m- Year 4 Girls	Div D- Div C- Div B- Div A-	Isabella Lockyer, Kiara Calnon Ella Dow Tayla Norris
	200m- Year 4 Boys	Div D- Div C- Div B- Div A-	Liam Coyne Miguel Costa, Alex Vukman Travis Davis
	200m- Year 5 Girls	Div D- Div C- Div B- Div A-	Christelle Auffrey Alicia Daly Matisse Johnson Leah Niski
	200m- Year 5 Boys	Div D- Div C- Div B- Div A-	Connor French-Bluhm Noah Beveridge Dante Nyevercez Logan Harris

	200m- Year 6 Girls	Div D- Div C- Div B- Div A-	Alyssa Calnon Emma McLaughlin Rachael Dana McKnight
	200m- Year 6 Boys	Div D- Div C- Div B- Div A-	Chris Vance Eoin McDonnell Riley Franchina Logan Lynn

Time	MAIN TRACK	FAR TRACK
10:45am	<u>Year 3 Mixed Bounceball relay</u> Izac O'Hayon, Mitchell Newton, James O'Sullivan, Jack Veivers, Rowan Barnard Caitlin Northmore, Isabella Jones, Emma Loveland, Aileen Saju, Madison Norris	<u>Year 5 Mixed Shuttle Relay</u> Finlay Cairnduff, Benito Bonfiglio, Donnacha Flaherty, Jack Hill, Thomas Rooke Caitlin Duncalf, Isabel Redfern, Danielle Schroder, Jade Bamforth, Georgia Andrews
	<u>Year 4 Mixed Bounceball relay</u> Travis Davis, Alex Vukman, Miguel Costa, Liam Coyne, Reuben Dickson Tayla Norris, Ella Dow, Kiara Calnon, Isabella Lockyer, Amelie Baptiste.	<u>Year 6 Mixed Shuttle Relay</u> Eddie Wilcock, Taj Singh, Luke Killeen, Jacob Templeton, Callum Hopkins Lottie Forsyth, Jessica Lea, Natasha Fredrich, Cara Sheppard, Grace Vague

	<p><u>Year 3 Mixed Running Tunnelball</u> Jack Parry, Orlando Hendrickson, Mitch McDermott, James Watt, Connor Stevens</p> <p>Skylah McKeon, Emmersyn Riches, Venice Zoric, Bridgette, Charlotte Hughes</p>	<p><u>Year 5 Mixed Skipping Relay</u> Logan Harris, Dante Nyevercez, Noah Beveridge, Connor French-Bluhm, Jaemon Yam</p> <p>Leah Niski, Matisse Johnson, Alicia Daly, Christelle Auffrey, Grace O'Shea</p>
	<p><u>Year 4 Mixed Running Tunnelball</u> Jack Feist, Kye Jacobson, Jayden McKenna, Alvaro Blackhall, Nate King</p> <p>Beth Bamford, Jacinta Carlino, Kate Rixom, Abbey Burgess, Emma Houghton</p>	<p><u>Year 6 Mixed Skipping Relay</u> Logan Lynn, Riley Franchina, Eoin McDonnell, Chris Vance, Zach Tavelli</p> <p>Dana McKnight, Rachael, Emma McLaughlin, Alyssa Calnon, Monica Costa</p>
	<p><u>Year 3 Mixed Flagball Relay</u> Izac O'Hayon, Mitchell Newton, James O'Sullivan, Jack Veivers, Rowan Barnard</p> <p>Caitlin Northmore, Isabella Jones, Emma Loveland, Aileen Saju, Madison Norris</p>	<p><u>Year 5 Mixed Leaderball</u> Finlay Cairnduff, Benito Bonfiglio, Donnacha Flaherty, Jack Hill, Thomas Rooke</p> <p>Caitlin Duncalf, Isabel Redfern, Danielle Schroder, Jade Bamforth, Georgia Andrews</p>
	<p><u>Year 4 Mixed Flagball Relay</u> Travis Davis, Alex Vukman, Miguel Costa, Liam Coyne, Reuben Dickson</p> <p>Tayla Norris, Ella Dow, Kiara Calnon, Isabella Lockyer, Amelie Baptiste</p>	<p><u>Year 6 Mixed Leaderball</u> Eddie Wilcock, Taj Singh, Luke Killeen, Jacob Templeton, Callum Hopkins</p> <p>Lottie Forsyth, Jessica Lea, Natasha Fredrich, Cara Sheppard, Grace Vague</p>

Time	MAIN TRACK	FAR TRACK
12:10pm	<p><u>Year 5 Mixed Bounceball relay</u> Logan Harris, Dante Nyevercez, Noah Beveridge, Connor French-Bluhm, Jaemon Yam</p> <p>Leah Niski, Matisse Johnson, Alicia Daly, Christelle Auffrey, Grace O'Shea</p>	<p><u>Year 3 Mixed Shuttle Relay</u> Jack Parry, Orlando Hendrickson, Mitch McDermott, James Watt, Connor Stevens</p> <p>Skylah McKeon, Emmersyn Riches, Venice Zoric, Bridgette, Charlotte Hughes</p>
	<p><u>Year 6 Mixed Bounceball relay</u> Logan Lynn, Riley Franchina, Eoin McDonnell, Chris Vance, Zach Tavelli</p> <p>Dana McKnight, Rachael, Emma McLaughlin, Alyssa Calnon, Monica Costa</p>	<p><u>Year 4 Mixed Shuttle Relay</u> Jack Feist, Kye Jacobson, Jayden McKenna, Alvaro Blackhall, Nate King</p> <p>Beth Bamford, Jacinta Carlino, Kate Rixom, Abbey Burgess, Emma Houghton</p>
	<p><u>Year 5 Mixed Running Tunnelball</u> Finlay Cairnduff, Benito Bonfiglio, Donnacha Flaherty, Jack Hill, Thomas Rooke</p> <p>Caitlin Duncalf, Isabel Redfern, Danielle Schroder, Jade Bamforth, Georgia Andrews</p>	<p><u>Year 3 Mixed Skipping Relay</u> Izac O'Hayon, Mitchell Newton, James O'Sullivan, Jack Veivers, Rowan Barnard</p> <p>Caitlin Northmore, Isabella Jones, Emma Loveland, Aileen Saju, Madison Norris</p>

	<p><u>Year 6 Mixed Running Tunnel Ball</u> Eddie Wilcock, Taj Singh, Luke Killeen, Jacob Templeton, Callum Hopkins</p> <p>Lottie Forsyth, Jessica Lea, Natasha Fredrich, Cara Sheppard, Grace Vague</p>	<p><u>Year 4 Mixed Skipping Relay</u> Travis Davis, Alex Vukman, Miguel Costa, Liam Coyne, Reuben Dickson</p> <p>Tayla Norris, Ella Dow, Kiara Calnon, Isabella Lockyer, Amelie Baptiste</p>
	<p><u>Year 5 Mixed Flagball Relay</u> Logan Harris, Dante Nyevercez, Noah Beveridge, Connor French-Bluhm, Jaemon Yam</p> <p>Leah Niski, Matisse Johnson, Alicia Daly, Christelle Auffrey, Grace O'Shea</p>	<p><u>Year 3 Mixed Leaderball</u> Jack Parry, Orlando Hendrickson, Mitch McDermott, James Watt, Connor Stevens</p> <p>Skylah McKeon, Emmersyn Riches, Venice Zoric, Bridgette, Charlotte Hughes</p>
	<p><u>Year 6 Mixed Flagball Relay</u> Logan Lynn, Riley Franchina, Eoin McDonnell, Chris Vance, Zach Tavelli</p> <p>Dana McKnight, Rachael, Emma McLaughlin, Alyssa Calnon, Monica Costa</p>	<p><u>Year 4 Mixed Leaderball</u> Jack Feist, Kye Jacobson, Jayden McKenna, Alvaro Blackhall, Nate King</p> <p>Beth Bamford, Jacinta Carlino, Kate Rixom, Abbey Burgess, Emma Houghton</p>

TIME	MAIN TRACK	COMPETITORS
1:25pm	4 x 100 relay- Year 3 Girls	Caitlin Northmore, Isabella Jones, Emma Loveland, Aileen Saju
	4 x 100 relay- Year 3 Boys	Izac O'Hayon, Mitchell Newton, James O'Sullivan, Jack Veivers
	4 x 100 relay- Year 4 Girls	Tayla Norris, Ella Dow, Kiara Calnon, Isabella Lockyer
	4 x 100 relay- Year 4 Boys	Travis Davis, Alex Vukman, Miguel Costa, Liam Coyne
	4 x 100 relay- Year 5 Girls	Leah Niski, Matisse Johnson, Alicia Daly, Christelle Auffrey
	4 x 100 relay- Year 5 Boys	Logan Harris, Dante Nyevercez, Noah Beveridge, Connor French-Bluhm,
	4 x 100 relay- Year 6 Girls	Dana McKnight, Rachael, Emma McLaughlin, Alyssa Calnon
	4 x 100 relay- Year 6 Boys	Logan Lynn, Riley Franchina, Eoin McDonnell, Chris Vance,
1:45pm	GRAND RELAYS	
	Year 3 Boy-Izac O'Hayon Year 4 Boy-Travis Davis Year 5 Boy-Logan Harris Year 6 Boy-Logan Lynn	Year 3 Girl- Caitlin Northmore Year 4 Girl- Tayla Norris Year 5 Girl-Leah Niski Year 6 Girl-Dana McKnight